



The CPD Standards Office is a unique organisation and was founded with the vision of understanding and enabling positive and successful CPD and learning experiences. As a highly specialised expert team, our university led research has equipped us with extensive expertise on all things CPD.

Between the work of the Professional Development Consortium and the CPD Standards Office dual CPD research and accreditation activities sharpen our knowledge and expertise. This enables us to work with individual coaches, training providers, employers, and 'membership organisation's as a collaborative CPD network & community.

## CPD Requirements for Nurses and Midwives

### Who is the main regulator?

The Nursing and Midwifery Council (NMC) is the regulator for nurses and midwives in England, Wales, Scotland and Northern Ireland. It assumed its statutory responsibilities from the UKCC as the regulatory body on 1st April 2002. The NMC inherited the standards set by the UKCC and revised their code in March 2015.

The NMC makes sure that nurses and midwives keep their skills and knowledge up to date whilst setting the standards of education, training, conduct and performance to ensure members uphold professional standards and deliver high quality healthcare throughout their career.

Overseen by The Professional Standards Authority for Health & Social Care (PSA), the NMC is a registered charity employing over 400 staff with an annual income in excess of £52 million and have (as of March 2017) over 690,000 nurses and midwives on their register.

They have clear and transparent processes to investigate nurses and midwives who fall short of their standards and also maintain a register of nurses and midwives allowed to practice in the UK. As a condition of registration, nurses and midwives must undertake at least 35 hours of learning relevant to their practice every 3 years. This should be documented by each learning activity undertaken in the three years prior to renewing registration. The NMC audits compliance with the Prep (CPD) standard.



## What are the required CPD records?

All nurses and midwives are required to maintain accurate records of CPD undertaken. These records must contain:

The CPD Method

A description of the topic and how it related to your practice

The dates on which the activity was undertaken

The number of hours (including the number of participatory hours)

The identification of the part of the code most relevant to the activity

Evidence that you undertook the CPD activity

Here is a guidance sheet provided by the NMC on CPD:

<http://revalidation.nmc.org.uk/download-resources/guidance-and-information>

## Other Professional Bodies

### Royal College of Nursing (RNC)

As healthcare professionals, nurses have a duty to keep their professional knowledge and skills up to date through a continuous process of learning and reflection. The requirements are 35 hours of CPD every 3 years.

The Royal College of Midwives (RCM) provides courses and events to support CPD.

## Training Providers and Nurses/Midwives CPD

- It's so important for training providers to be able to provide nurses and midwives with CPD accredited courses, simply because CPD is a compulsory part of their profession.
- Nurses and Midwives are a great profession to train. CPD is not topic specific and have annual/regular reviews, so there is a big demand.
- Every Nursing and Midwifery Practice is a mini business with sales, operational and financial needs. How can your training help out?



## Events for Nurses and Midwives

The NMC provides a list of all the upcoming events for nurses and midwives. Some of the most popular are:

- RCM Annual Conference 2018, 4-5 October 2018, Manchester Central, Manchester. NMC will be exhibiting at this event.
- NMC Council Meetings. Various dates through the year. The council meets regularly at the offices in 23 Portland Place.



## Magazines for Nurses and Midwives

Midwives magazine RCM - <https://www.rcm.org.uk/tags/midwives-magazine>

The Midwifery Journal - <https://www.midwiferyjournal.com/>

The Nursing Times - <https://www.nursingtimes.net/>

CPD Launchpad - <https://www.cpd-launchpad.co.uk/>

CPD Launchpad is a free revalidation portfolio and CPD resource for nurses and midwives.

- CPD Launchpad is by MA Healthcare, publishers of the British Journal of Nursing, British Journal of Midwifery and many other journals written by health professionals for healthcare professionals.
- CPD Launchpad draws on MA Healthcare's peer-reviewed journals to provide nurses and midwives with interesting and relevant content that will stimulate thought and reflection, and help you fulfil revalidation requirements.
- CPD Launchpad offers all users a free online portfolio, so all can easily save evidence of their progress towards the NMC requirements.

We hope you have found this factsheet helpful.

Please see [www.cpdstandards.com](http://www.cpdstandards.com) for more information on our accreditation services or call 0203 745 6463 for further advice.

